

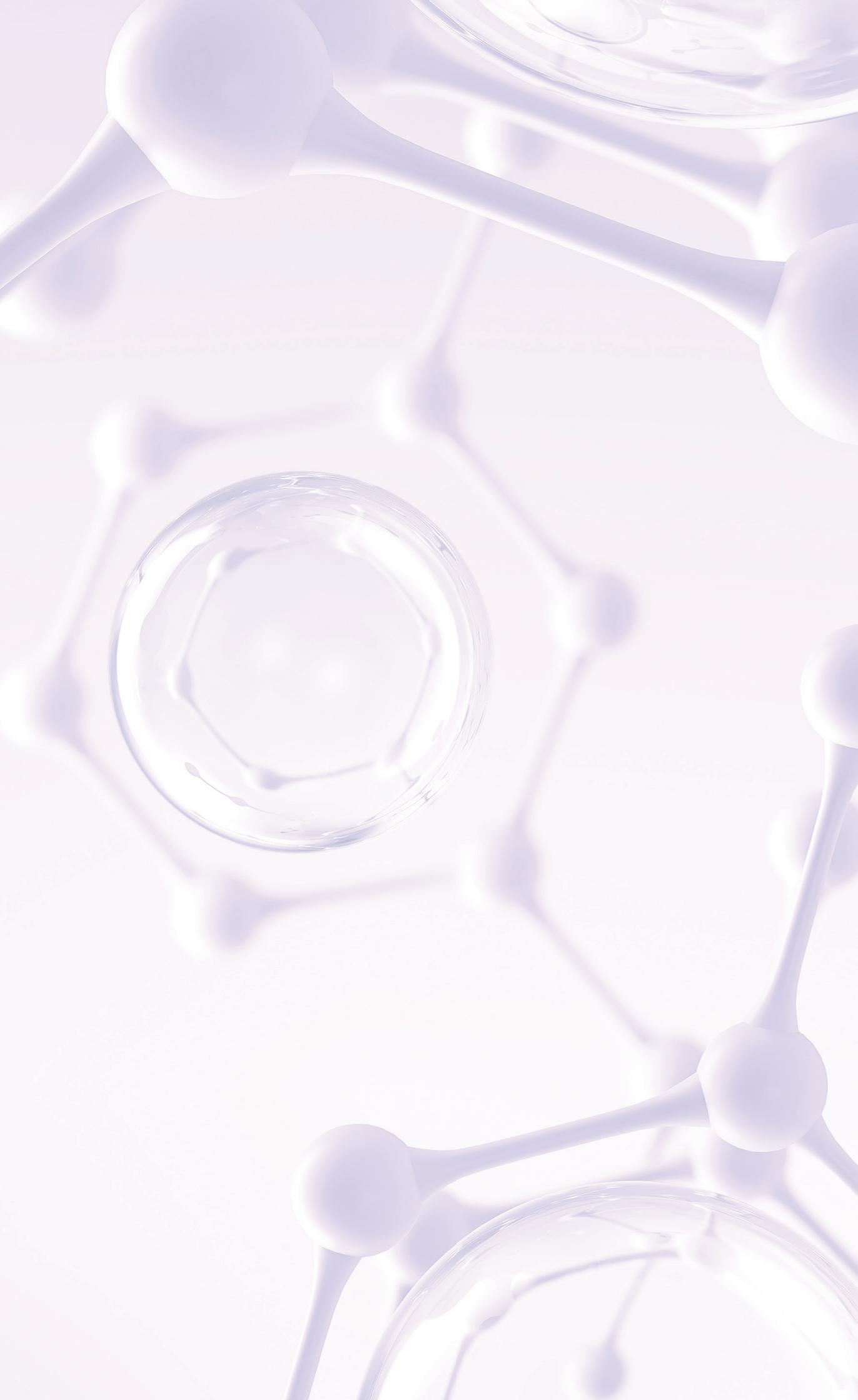
CASPARA

Retinol

PROAGE

BODY SYSTEM

Transform your skin,
rediscover your natural beauty
with Pure Retinol, Exosomes and Fit Skin Tech



Retinol PROAGE

BODY SYSTEM

INDEX

RETINOL PROAGE

THE EFFECTS OF TIME ON SKIN	4
RETINOL PROAGE TREATMENT	6
• WHAT IS IT?	6
• KEY TECHNOLOGIES AND ACTIVE INGREDIENTS	7
• ACTIONS	9
• RESULTS	9
• TREATMENT PHASES	9
RETINOL PROAGE RENEWAL & FIRING CREAM	15
• MAIN ACTIVE INGREDIENTS	16
• WHO IS IT SUITABLE FOR	16

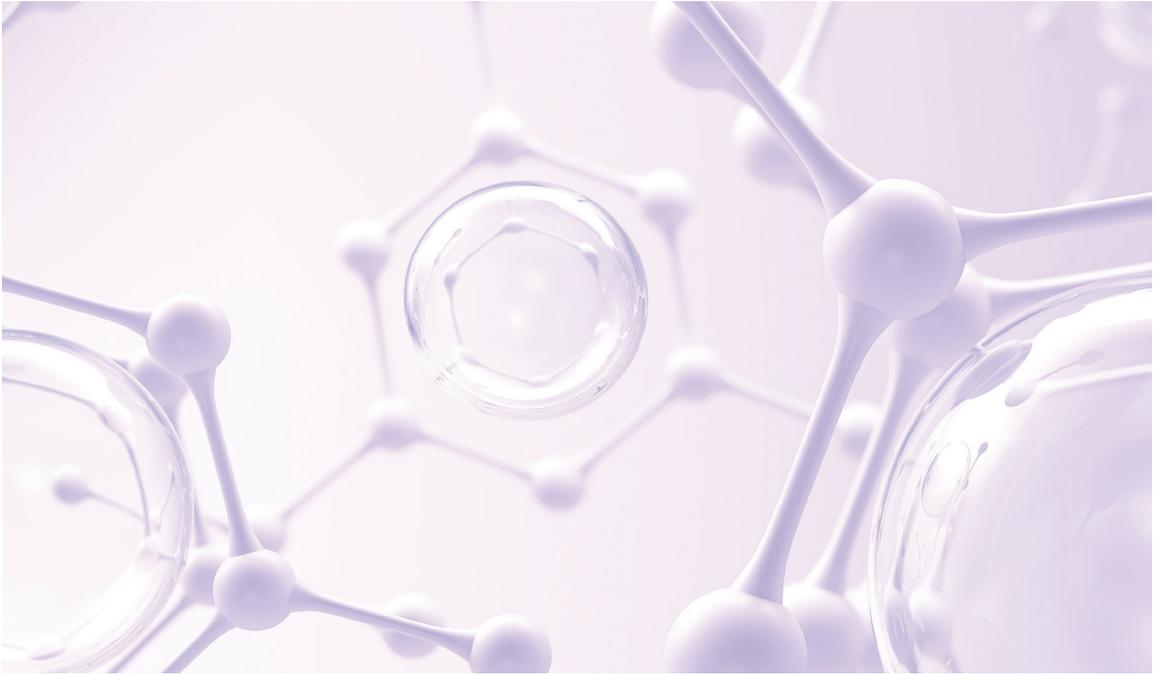
Retinol PROAGE

BODY SYSTEM



Retinol PROAGE

BODY SYSTEM



The effects of time on skin.

As time goes by, dermal tissue renewal slows down, and the production of collagen, elastin, and hyaluronic acid —key substances responsible for skin’s suppleness and firmness— declines.

This slowdown in the skin’s natural functions leads to visible signs of aging, resulting in dull, lackluster skin with a lack of tone and increased flaccidity. However, the right cosmetic care can help slow this process.

Casmara has developed a new cosmetic body care concept that combines **pure retinol**, **Fit Skin tech** and **exosomes** to stimulate skin renewal processes and enhance the production of key substances responsible for suppleness and firmness.

Retinol PROAGE

BODY SYSTEM

Retinol PROAGE BODY SYSTEM



- **WHAT IS IT?**

Retinol PROAGE Body System is a professional **2 STEPS** body treatment, complemented by a **home-use cream**, designed to comprehensively target signs of aging such as loss of firmness and tone, uneven skin micro-relief, dark spots, and other imperfections.

An exclusive combination of powerful renewing, firming, hydrating, and nourishing active ingredients.

- **WHO IS IT SUITABLE FOR?**

This treatment is ideal for those looking to renew their skin and address signs of aging on the body, including sagging and imperfections like dark spots, marks, or stretch marks.

WARNING:

Retinoids are not recommended during pregnancy or breastfeeding.

Retinol PROAGE

BODY SYSTEM

KEY TECHNOLOGIES AND ACTIVE INGREDIENTS



FIT SKIN TECHNOLOGY

Based on **exerkines**, molecules that the body naturally releases during physical exercise, which have a positive impact on the skin, its internal structure, and its functions.

It stimulates collagen production, significantly improves firmness, and enhances overall skin quality.

There are different types of exerkines, but three have been identified as key to skin rejuvenation. Thanks to groundbreaking research, Casmara has combined these three types into its innovative **Fit Skin** technology.

BENEFITS OF EXERKINES FOR THE SKIN:

- **MDP exerkines** stimulate collagen production, improving skin **firmness**.
- **IGF-1 exerkines 1** act as a growth factor, promoting **regeneration** and an overall improvement in skin appearance.
- **eATP exerkines** are energy molecules that stimulate key skin cells, such as keratinocytes, which support skin **barrier function**, and fibroblasts, which are responsible for firmness.



EXOSOMES

Exosomes are tiny vesicles containing proteins, DNA, and RNA, released by cells to communicate with each other and trigger regenerative processes.

Exosomes can be thought of as “**natural biological communicators**,” evolutionarily designed to transport “packages” of biologically relevant information. Because they are significantly smaller than skin pores, they penetrate quickly, delivering rapid improvements in skin parameters.

Retinol PROAGE Body System incorporates **exosomes** derived from baobab stem cells. The baobab, an ancient African tree known as “**the tree of life**,” is rich in biomimetic exerkine molecules—naturally released during physical exercise, these compounds have a positive impact on the skin, its internal structure, and functions.

These exosomes promote skin renewal and collagen production, leading to significantly improved skin firmness.

Retinol PROAGE

BODY SYSTEM



PURE RETINOL

Retinol's renewing effectiveness comes from a combination of multiple mechanisms of action on the skin:

- **Short-term effects:**

Aids natural skin renewal. Helps accelerate the process by eliminating dead cells, allowing them to be replaced by new cells at a faster rate. Completely renewing the skin's surface leads to visibly improved signs of aging such as wrinkles and dark spots, achieving a smooth, soft texture.

- **With regular use:**

Noticeably improves skin suppleness, hydration, and tone, helping reduce the appearance of imperfections and uneven skin tone.



RETI-BOOST

Has a similar structure to retinoic acid, obtained through biotechnology from Chlorella algae. This active ingredient **helps enhance the efficacy of pure retinol, amplifying its effects.**



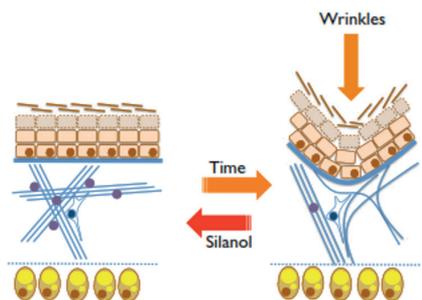
HYALURONIC ACID (90KDA)

A powerful **hydrating** agent with an exceptional ability to attract and retain water molecules within the skin. Its effect increases hydration levels while **improving suppleness and reducing flaccidity.**



AMINOFIRM

A **restructuring** active ingredient based on hydroxyproline, the primary amino acid in collagen. Its action stimulates collagen synthesis and enhances the organization of elastic and supportive fibers, improving the cohesion and firmness of the skin's structural framework. **Visibly enhances skin firmness and suppleness.**



Retinol PROAGE

BODY SYSTEM

• ACTIONS

- GLOBAL PROAGE ACTION: Visibly reduces all signs of aging.
- RENEWING: Renews the skin's surface, helping to reveal its natural beauty.
- RETEXTURIZING: Improves skin texture and smooths marks and stretch marks.
- FIRMING: Helps boost the skin's firmness and suppleness.
- BRIGHTENING: Evens out skin tone and boosts radiance.

• RESULTS

- ✓ Enhances the **skin's renewing power.**
- ✓ Exceptional regenerative capacity for **rejuvenated, radiant skin.**
- ✓ **Visibly blurs** imperfections and dark spots.
- ✓ **Tightening effect** for firmer, suppler skin.
- ✓ Deeply **hydrates and redensifies** the skin.



Retinol PROAGE

BODY SYSTEM

TREATMENT PHASES

Retinol PROAGE Body System



STEP 1: Firming Body Gel

A hydrating and firming gel formulated with **Fit Skin technology**, **exosomes**, and **hyaluronic acid**.

A multi-action gel phase that reinforces the skin's structural framework, improving firmness and suppleness while boosting hydration levels.

Powered by Fit Skin technology based on exosomes, it stimulates the release of key molecules linked to exercise (exerkines), helping to improve skin firmness for a more toned and smoother appearance.



Additionally, this gel provides optimal conductivity for cosmetic device treatments, making it suitable for use with or without cosmetic technology while delivering its full firming effect.

APPLICATION METHOD STEP 1

- **Product amount:** 10 pumps.
- **Working time with manual application:** 5 min.
- **Working time with cosmetic device application:** variable depending on the treatment.
- No rinsing required.

Retinol PROAGE

BODY SYSTEM



MANUAL APPLICATION

Apply **RETINOL PROAGE Firming Body Gel**, a **conductive phase featuring Fit Skin technology**, using superficial gliding movements without applying pressure or excessive friction on the tissue. The entire treatment area can typically be covered in about 5 minutes.

Due to its direct contact with the skin and prolonged absorption, this gel provides a global firming effect, making it ideal for treating the décolletage, arms, abdomen, buttocks, and legs.

To extend the exposure time between Step 1 and Step 2, it is recommended to perform the Casmara podal reflexology protocol between each phase, which stimulates the lymphatic system.

NOTE: This phase does not require rinsing after application.

APPLICATION WITH DEVICES

It is recommended to apply an adequate amount over the treatment area, making sure the skin is well covered with gel before the electrical current makes contact with the body.

As the treatment progresses, additional gel may be applied to maintain a thin product layer between the skin and the electrode or applicator head of the device being used.

NOTE: For optimal use with different technologies, follow the manufacturer's instructions.



Retinol PROAGE

BODY SYSTEM

STEP 2: Renewal Body Cream

Enhanced pure retinol.



A renewing cream powered by highly regenerative PURE RETINOL

A comprehensive perfecting phase that smooths skin micro-relief, minimizes imperfections such as hyperpigmentation spots and stretch marks, and corrects signs of flaccidity.

Its blend of active ingredients works in synergy to help diminish the visible signs of aging, visibly improving skin texture.

APPLICATION METHOD STEP 2

- **Product amount:** 10 pumps.
- **Working time:** 35 min.
- **No rinsing required.**

Note: It is recommended to apply this phase using gloves to avoid redness or irritation on the palms.



Retinol PROAGE

BODY SYSTEM

MANUAL APPLICATION

Apply **RETINOL PROAGE RENEWAL BODY CREAM** using a comprehensive body massage.

- 1** It is recommended to begin the treatment in a supine position (face-up) for approximately 20 minutes, starting with the décolletage using fan-like movements, then moving on to the arms with sliding and pinching motions, the abdomen with circular movements in a clockwise direction, the flanks with friction movements from the posterior area toward the inguinal lines, and the legs with upward gliding movements (hand-over-hand from ankles to thighs), focusing particularly on the knee area using the index finger and thumb for more precise work.



- 2** Next, in a prone position (face-down) for approximately 15 minutes, this phase continues on the posterior side of the legs with gliding palm movements along three imaginary lines (outer, central, and inner) from the ankles to the glutes, incorporating pinching motions in areas that require extra attention. The back is then treated using gliding strokes with the backs of the hands, palms, and forearms, with pinching movements along the midline and bra strap area.



Retinol PROAGE

BODY SYSTEM



- 3** Finally, from the head of the table, the treatment concludes with circular movements and *effleurage*, followed by gentle pressure on the back, synchronized with a conscious breathing cycle, mirroring the breathing rhythm established at the start of the protocol.

ADVANCED COMBINATIONS

The **RETINOL PROAGE BODY SYSTEM** by Casmara can be safely and effectively combined in alternating sessions with protocols such as:

WOOD THERAPY



PROFESSIONAL BODY SYSTEM





Retinol

PROAGE

BODY SYSTEM

Retinol PROAGE

BODY SYSTEM



Retinol PROAGE

Renewal & Firming Body Cream

200 ml 6.8 fl. oz.

An anti-aging, renewing, and firming body cream enriched with Pure Retinol. It firms, renews, and helps diminish the appearance of imperfections such as dark spots, stretch marks, and signs of aging.

This exclusive formula combines the renewing power of enhanced pure retinol with Reti-Boost, the restructuring and firming benefits of Aminofirm, and macadamia oil to deeply nourish the skin and leave it feeling silky smooth.

Reveal skin that is renewed, toned, and beautifully flawless.

ACTIVE INGREDIENTS

PURE RETINOL: Retexturizes, smooths, and refines the skin's surface.

RETI-BOOST: Enhances the efficacy of retinol.

AMINOFIRM: Firms and tightens the skin.

MACADAMIA OIL: Deeply nourishes.



WHO IS IT SUITABLE FOR?

This cream is ideal for those looking to renew and firm their body's skin, reducing sagging and imperfections such as dark spots or stretch marks, along with other visible signs of aging.

APPLICATION METHOD

To maximize professional body care results, apply **RETINOL PROAGE RENEWAL BODY CREAM** nightly, and complement it during the day with **Body Sculptor** or **Sublime Body Oil**.

PRECAUTIONS & CONTRAINDICATIONS

- Avoid contact with eyes and mucous membranes.
- In case of continued irritation, discontinue use.
- A change in color does not affect its effectiveness.
- Avoid use during pregnancy and breastfeeding.
- Avoid sun exposure and always use sunscreen.
- This product contains vitamin A. Please consider your daily intake before use.

CASMARA

CASMARA COSMETICS, S.A.

High Quality Professional Dermocosmetic Laboratory

www.casmara.com

casmara@casmara.com

C/ Ciutat de Llíria, nº 29 y 31
Polígono Ind. Fuente del Jarro
46988 - Paterna (Valencia) SPAIN
Tel. (+34) 961 501 999

